

Programme Ski School Serfaus S. 2

Programme Ski School Fiss-Ladis S. 3

More Activities S. 4-5

Events S. 6-7

Contacts & Opening times S. 8



# Nightflow in Fiss

### Tuesday, 10.03.2020, from 5.45pm

This year's show is all about rock. Experience "Rock the Snow" show right on the Möseralm ski-run: stylish dancers, daredevil acrobats and our snowsports instructors from the Fiss-Ladis ski school will be rocking the Nightflowarena. Show begins at 8.30pm. Further information on p. 6.



## Adventure Night in Serfaus

# Wednesday, 11.03.2020, from 6pm

Fairy tales have fascinated and touched young and old for centuries. The new programme will win you over in no time with colourful performances by acrobats who also work for the Cirque du Soleil, and Serfaus ski school's impressive ski show. Beginning of the show is at 9pm at the Komperdell mid station. Further information on p. 6.



## Market Village at the castle pond in Ladis

# Thursday, 12.03.2020, from 4pm

"Pleasant gathering, local delicacies and plenty of fun!" – experience the cosy, tasty side of Tyrol, where traditional flavours and local handicrafts await you. Get your loved ones a souvenir made with love and give them pleasure. Plenty of culinary delights from raclette and Tyrolean ham to sweat culinary treats are offered. A cosy gathering with mulled wine, punch and lots of other drinks guarantee a romantic ending of a great winter day.

# WEEKLY PROGRAMME. 07.03.2020 – 13.03.2020

WE ARE FAMILY.®



# SERFAUS. Ski School Programme.

07.03.2020 - 13.03.2020

**Private lessons** full- and half-day are available daily upon request in one of our Ski School Offices. Ski tours, Cross-Country Skiing and Telemark on request.

Opening times of the Serfaus Ski School Offices:

**S1-Center** (Main office; at the cable car bottom station) Mo - Fr: 8am - 5pm

Sa & Su: 8am - 6pm

Komperdell (mid station) Mo - Su: 9am - 4pm

**Skischule Serfaus** 

Dorfbahnstrasse 79, 6534 Serfaus Tel. +43/5476/6268-0 info@skischule-serfaus.com www.skischule-serfaus.com

## SATURDAY, 07.03.2020

Private lessons are available by prior appointment (1–6 hours).

Possible times for group lessons: 10.30am - 12.30pm & 1.30pm - 3.30pm

### DAILY FROM SUNDAY TO FRIDAY

9am Perfect start for private lessons
11am Comfort start for private lessons

10.30am Play, form and slide without skis in the snow with "Murmli's discoverer" (Kids 2-3 years)
12.30pm Food and experience combo ticket (Schlemmererlebnis) at Starrest and Murmlirest

1.15pm Cross-country skiing lessons half-day (Komperdell 2,000 m)

From 1.15pm Start private lessons

1.30pm Snowshoe hiking or Funsport Day (2 hours)

### SUNDAY, 08.03.2020

10.30am Start of the group lessons

From 11.30am Animation with Murmli's Friends: Murmli's first ski lesson – get to know each other, orientate and first steps on

the big screen at the Kinderschneealm

From 2.30pm Animation: Murmli is dancing with everyone at the Kinderschneealm

### MONDAY, 09.03.2020

From 10.30am New allocation for all children's group lessons

From 11am Animation with Murmli's Friends: Murmli already masters everything – skiing and first little jumps on the big

screen at the Kinderschneealm

From 2.30pm Animation: Murmli is dancing with everyone at the Kinderschneealm

## TUESDAY, 10.03.2020

From 11.30am Animation with Murmli's Friends: Murmli and the snow plough – controlled stop on the big screen at the Kinder-

schneealm

From 2.30pm Animation: Murmli is dancing with everyone at the Kinderschneealm

### WEDNESDAY, 11.03.2020

From 10.30am Start group lessons Beginner Snowboard and Beginner Adults Alpin

From 11.30am Animation with Murmli's Friends: Murmli makes turns – "parking" and first parcours on the big screen at the

Kinderschneealm

From 2.30pm Animation: Murmli is dancing with everyone at the Kinderschneealm

9pm Adventure Night "Fairy tale" at the Komperdell mid station

### THURSDAY, 12.03.2020

From 11.30am Animation with Murmli's Friends: Murmli the ski racer – training for the ski race on the big screen at the Kinder-

schneealm

1pm Taster ski tour (2-3 hours) on request at the ski school office

From 2.30pm Animation: Murmli is dancing with everyone at the Kinderschneealm

### FRIDAY, 13.03.2020

From 10.30am Race day: ski race for all groups

From 12noon Award ceremony "Team Fiona" at the Fiona hut (Fionahütte)

1pm Taster ski tour (2-3 hours) on request at the ski school office

From 2pm Award ceremony "Team Ingo" and "Team Bruno" at the Murmlirest

From 3pm Award ceremony Kids (K1+K2), Youth and Snowboard at the Starrest

From 5pm Award ceremony Kids (K3-K8) in the Kulturhaus (cultural centre) next to church ("Saal Via Claudia" hall)

# FISS-LADIS. Ski School Programme.

07.03.2020 - 13.03.2020

Private courses by prior arrangement.

**Opening times of the Fiss-Ladis Ski School Offices:** 

Office in Fiss daily from 8.30am - 5pm

Office in Ladis Mo - Fr: 8.30am - 10.30am & 3pm - 5pm

Sa & Su: 8.30am - 12noon & 1pm - 5pm

**Bertas Kindervilla** Su - Fr: 9.45am - 12.15pm & 1.15pm - 3.45pm

Skischule Fiss-Ladis

Seilbahnstraße 40, 6533 Fiss Tel. +43/5476/6757

skischule@fiss-ladis.at

www.skischule-fiss-ladis.at

### SUNDAY, 08.03.2020

10am Start group lessons Children (K1), meeting point at Berta's Kinderland

Start group lessons Children (K2), meeting point Sonnenbahn mid station

Start group lessons Children (K3–K9), meeting point Fiss blue cable car or Sonnenbahn mid station (K2–K5)

Start group lessons Teens (T1–T7)

Start group lessons Beginner Snowboard (L1) – meeting point Boarderclub

10am Start group lessons Beginner Adults (E1)

10.30am Bambiniland "Hello" at Berta's Kindervilla – information and get to know each other for children aged 3

2.30pm Pause dance with Berta at Berta's Kinderland

### MONDAY, 09.03.2020

10am Start group lessons Children (Bambini, K1), meeting point at Berta's Kinderland

Start group lessons Children (K2), meeting point Sonnenbahn mid station

Start group lessons Children (K3–K9), meeting point Fiss blue cable car or Sonnenbahn mid station (K2–K5)

Start group lessons Teens (T1–T7)

Start group lessons Snowboard - all levels, meeting point Boarderclub

10am Start group lessons Adults – all levels

11am Magic break with Elli the clown at Berta's Kindervilla

1.30pm Afternoon snowshoe hiking tour through the forest and meadows \*)

2.30pm Abracadabra at Berta's Kinderland

### TUESDAY, 10.03.2020

12noon

9am Adventure ski tour to the Urgtal valley \*)

11am Bambini party at Berta´s Kindervilla

Air & Style for Juniors and Teens Grill & Chill for Teens (T5–T7)

2.30pm Crab Samba at Berta's Kinderland

8.30pm Nightflow "Rock the Snow" ski show at the Möseralm

### WEDNESDAY, 11.03.2020

9am Freeride Dayride\*)

10am Beginning group lessons (K1) at Berta's Kinderland

Piste ski tour for beginners \*)

10am Panorama snowshoe hiking tour \*)

11am Puppet theatre for Bambinis at Berta's Kindervilla

12noon Grill & Chill for Teens (T1–T4)
2.30pm Puppet theatre at Berta's Kinderland

### THURSDAY, 12.03.2020

9am Samnaun ski tour \*)

10am Snowboard special lesson - 2 day lessons for beginners

10am Skiing special lessons - 2-day lessons for Beginner Adults

Ski race for Kids (K6–K9) and Teens (T5–T7) at the ski race track Nordseite

11am Fairy Godmother at Berta's Kindervilla 1pm Ski biathlon for Teens at Steinegg

1.30pm Award ceremony of the ski race at Berta's Kindervilla1.50pm Off to the Indian Village on the Ladisabfahrt slope

2.30pm Treasure hunt at Berta's Kinderland

### FRIDAY, 13.03.2020

9am Summit tour \*)

10am Ski race groups Bambini, Kids (K1–K5) and Teens (T1–T4) at the Poschilift

1.30pm Award ceremony of the ski race at Berta's Kindervilla

\*) Registration at the ski school office required.

# SERFAUS-FISS-LADIS. More Activities.

07.03.2020 - 13.03.2020

### **CROSS-COUNTRY SKIING**

Skiing is not the only sport that you can exercise in the winter. Let a ski instructor introduce you in the art of cross-country skiing. The Serfaus and Fiss-Ladis ski schools offer courses for beginners to advanced.

In our Info Offices you can get a detailed cross-country skiing map for free.

### **WINTER HIKING**

You would like to explore our winter landscape on foot? Groomed winter hiking trails await you in Serfaus-Fiss-Ladis. In our Info Offices you can get a detailed winter hiking map for free.

#### **SNOWSHOE HIKING**

The ski schools Serfaus and Fiss-Ladis offer tours for beginners up to advanced snowshoe hikers. In our Info Offices you can get a detailed snowshoe hiking map for free.

### **TOBBOGANING**

Serfaus Tobbogan run from Komperdell down to Serfaus

Fiss Tobbogan run from Steinegg via the Kuhalm down to Fiss

### **SKITOURS**

The ski schools in Serfaus-Fiss-Ladis offer guided ski tours. You can get more information directly at the Ski School offices.

### ICE SKATING & ICE CURLING

Due to the weather situation in the last few days, the ice skating & curling cannot be opened at the moment.

### HORSE CARRIAGE RIDES

Snow-covered winter scenery, snorting horses, a local coachman and you, wrapped in warm blankets in the carriage. After such a romantic ride you stop off in one of our cosy mountain huts and let yourself be culinarily spoilt. Then you get back to your accommodation with the sleigh. Sounds dreamlike? Here you find the providers of these dream trips. (Prices on request)

Serfaus Haflingergestüt Darrehof, Dorfbahnstraße 50, Tel. +43/5476/6226

Fiss Clemens Salner, Information and reservation under Tel. +43/664/5534253

### **INDOOR SWIMMING POOL**

Serfaus Geiger's Posthotel, Dorfbahnstr. 47, Tel. +43/5476/6261, 10am - 8pm

Prices: Adults €15 per person | Children (0 - 14 years) €10. Cash payment only.

Please call 15 minutes before arrival, if there are still free capacities. Please bring along towels and bathrobes.

### **SAUNA**

Serfaus Geiger's Posthotel, Dorfbahnstraße 47: 3pm - 8pm, Registration on Tel. +43/5476/6261

Fiss Hotel Bergfrieden, Laurschweg 5: 7pm - 10pm, Registration on Tel. +43/5476/6361

Haus Sonnenterrasse, Obere Dorfstraße 5: From 4 persons, Registration on Tel. +43/5476/6434

### WELLNESS OFFERS

Let yourself be pampered, relax with a massage and recharge your batteries – all this is offered by a lot of our hotels. Please consult our brochure "Serfaus-Fiss-Ladis from A to Z" for detailed information.

### **TENNIS**

Serfaus Indoor Tennis Court at the Hotel Schalber, Dorfbahnstraße 15, Tel. +43/5476/6770

### **BILLIARDS**

Serfaus George Bar, Dorfbahnstraße 44, Tel. +43/5476/6828, from 3pm.

Ladis Castellino, Am Weiher 5, Tel. +43/5472/6100

### GALERIE AT THE CHURCH PLACE IN FISS (NEXT TO THE CHURCH)

Tuesday - Thursday: 3.30pm - 5.30pm.

On agreement by telephone: Tel. +43/650/6395016.

# SERFAUS-FISS-LADIS. More Activities.

07.03.2020 - 13.03.2020

# Attractions in Serfaus-Fiss-Ladis



### Lots of action besides skiing.

Family Coaster Schneisenfeger in Serfaus Open daily from 11.30am to 4.10 pm

Serfauser Sauser

Open daily at the afternoon (by appointment the day before)

Skyswing at the Möseralm in Fiss

Open from Wednesday until Saturday from 1pm to 4pm. At the Nightflow open from 5.45pm to 8pm.

# Panorama Tandem Flights over the sunny plateau



The most beautiful, safest and easiest way to fly. Enjoy a unique experience in Tyrol's mountains as a passenger.

Flights are available daily.
Panorama Flüge Tirol
Roland Patsch
Tel. +43/650/3982773
tandemfliegen@aon.at
www.tandemfliegen-tirol.com

# Play<sup>IN</sup> Serfaus



The indoor playground directly at the Komperdell bottom station in Serfaus cable ride in Serfaus offers everything a child's heart desires: Games - Fun - Sport - and all indoors! An enormous playtime paradise for kids and teenagers. 12 different climbing walls (fully automatic security system) are available in the large climbing hall. Each "line" has its own theme: a volcano can be erupted on one line, or you can climb against the clock in speed competitions on another. The two Geometrix lines are certainly a highlight: two free-standing climbing towers in the centre of the hall (climbing shoe hire on-site!). The Boulder Room resembles a large chemistry lab. The Softplay facility is another highlight which extends over six floors! A ball pit, ramps, a tube slide, etc., await the kids.

Open Daily from 1pm to 7.30pm.

Further information about activities and events in our leaflet "Highlights. 2019/20."! Available at all Info Offices in Serfaus-Fiss-Ladis.



# **SERFAUS-FISS-LADIS.** Events.

07.03.2020 - 13.03.2020

### MONDAY, 09.03.2020

**SERFAUS** 

### **10am Masner Express**

With the Masner Express, you can make your way up to the stunning winter surroundings of the Masner ski area in total comfort and without needing to strap on your skis or snowboard.

Registration at the Seilbahn Komperdell ticket office required, tel. +43/5476/6203-0.

### TUESDAY, 10.03.2020

**SERFAUS** 

FISS

#### Sunrise Hexensee

The early bird catches the worm! You set out very early on the Masner Express up to the Hexenseehütte. There you can enjoy a sumptuous breakfast. Registration at the Seilbahn Komperdell ticket office required, tel. +43/5476/6203-0.

**4pm - 6pm Pfarrmuseum Serfaus opened** – entry: €4 (up to 19 years free of charge)

### 6pm - 7pm Guided tour at the church of Serfaus

Registration on tel. +43/677/61506333 required. Admission per person: €3.

#### 8pm Concert of the music band Wilten at the Culture Centre Serfaus

Musial direction: Raimund Walder. Free entry.

### 8pm Open Heart Workshop with Hartmut Hammerle at the Haus Begegnung

The Open Heart Workshop is about promoting the sentient heart. Entry: exchange of energies. Further information on: www.openheart.one. Registration is possible until the day before with Hartmut, tel. +43/676/842927700.

### 3pm - 6pm s'Paules und s'Seppls Haus Museum in Fiss

The farmhouse was carefully renovated and equipped with modern effects such as projected images, audio stations and 2D animations about the life in the house and in the village. The museum shop is open during the museum-operation, here are various delicacies and gifts. Admission: adults €4.50 . children (from 6 years) €2.

### From 5.45 pm Kids Night in Berta's Kinderland and at the Sonnenburg Family Restaurant

Sonnenburg Family Restaurant with indoor playground, kids corner with childrens cinema and animation with Berta. "Märchenexpress" (Fairytale Express), night skiing for kids and fun sports equipment to rent and try. Free ride with the Sonnenbahn.

### 5.45pm - 10pm Nightflow - "Rock the Snow"

Experience "Rock the Snow" show right on the Möseralm ski-run: stylish dancers, daredevil acrobats and our snowsports instructors from the Fiss-Ladis ski school will be rocking the Nightflowarena. The evening will be made unforgettable by the finest skiing skills, exciting music and fantastic, action-packed stage effects. A special highlight is our brilliant ski jump, which will not only showcases impressive jumps but makes for unforgettable pictures. The show begins at 8.30pm at the Möseralm. 5.45pm - 10pm: nighttime skiing, Möseralmbahn and Sonnenbahn in operation.

From 8pm Rifle shooting competition at the Fiss Rifle Club (Schützenlokal)

# WEDNESDAY, 11.03.2020

SERFAUS-FISS-LADIS

### 7.30am The First Track - Decorate the mountain with your "First Track" before anyone else has the chance!

All you have to do is get up early. Because at 7.30am the first cable cars in Serfaus-Fiss-Ladis start to whirr their way up to a snowy paradise. Guided tour with exclusive mountain breakfast.

Registration at the cable car ticket offices necessary.

**SERFAUS** 

### **10am Masner Express**

With the Masner Express, you can make your way up to the stunning winter surroundings of the Masner ski area in total comfort and without needing to strap on your skis or snowboard.

Registration at the Seilbahn Komperdell ticket office required, tel. +43/5476/6203-0.

**SERFAUS** 

# 6pm - 11pm Adventure Night – "Fairy tale"

Fairy tales have fascinated and touched young and old for centuries. They immerse us in a enchanting dream world, giving us magical encounters with wondrous creatures. Indulge in the magic. The new programme will win you over in no time with colourful performances by acrobats who also work for the Cirque du Soleil, and Serfaus ski school's impressive ski show. Beginning of the show is at 9pm at the Komperdell mid station. Tobogganing evening and nighttime skiing from 6pm to 11pm.

FISS

### 3pm - 6pm s'Paules und s'Seppls Haus Museum in Fiss

The farmhouse was carefully renovated and equipped with modern effects such as projected images, audio stations and 2D animations about the life in the house and in the village. The museum shop is open during the museum-operation, here are various delicacies and gifts. Admission: adults €4.50 . children (from 6 years) €2.

# **SERFAUS-FISS-LADIS.** Events.

07.03.2020 - 13.03.2020

### THURSDAY, 12.03.2020

SERFAUS-FISS-LADIS

### 1pm Behind the scenes

What actually happens behind the scenes at the cable car stations and how do the cable cars actually work? In the Serfaus-Fiss-Ladis region you can learn these secrets and many more. Guided tour around the piste preparation machine workshop of the cable car companies. After the guided tour, everyone can enjoy coffee and cake together and there is still plenty of time for you to pose any more burning questions you might have. Meeting points: 1pm Komperdell bottom station or main ticket office Fiss. Registration at the cable car ticket offices required.

**SERFAUS** 

### **10am Masner Express**

With the Masner Express, you can make your way up to the stunning winter surroundings of the Masner ski area in total comfort and without needing to strap on your skis or snowboard.

Registration at the Seilbahn Komperdell ticket office required, tel. +43/5476/6203-0.

### **4pm Sunset Dinner Masner**

With the impressive sunset in the background, you can slip your feet into comfortable slippers and enjoy the range of specialities and tasty treats. Registration at the ticket offices at the Komperdell cable car bottom station required, tel. +43/5476/6203-0.

**7pm - 9pm Pfarrmuseum Serfaus opened** – entry: €4 (up to 19 years free of charge)

### 8pm Open Heart Workshop with Hartmut Hammerle at the Haus Begegnung

The Open Heart Workshop is about promoting the sentient heart. Entry: exchange of energies. Further information on: www.openheart.one. Registration is possible until the day before with Hartmut, tel. +43/676/842927700.

FISS

## ${\bf 5.45pm}$ - ${\bf 9.30pm}$ Tobogganing and Fondue Evening at the Möseralm

The fun toboggan evening, which takes place on the well-lit Möseralm descent, has already become a tradition. Young and old alike are guaranteed to get their money's worth during the nightly toboggan party! Reservation by Tel. +43/5476/6396 or directly at the cable cars in Fiss.

### From 8pm Rifle shooting competition at the Fiss Rifle Club (Schützenlokal)

**LADIS** 

### 4pm - 9pm Marktdorf (market village) at the castle pond

"Pleasant gathering, local delicacies and plenty of fun!" – experience the cosy, tasty side of Tyrol, where traditional flavours and local handicrafts await you. Get your loved ones a souvenir made with love and give them pleasure. Plenty of culinary delights from raclette and Tyrolean ham to sweat culinary treats are offered. A cosy gathering with mulled wine, punch and lots of other drinks guarantee a romantic ending of a great winter day. Free entry.

### DAILY WITH REGISTRATION

SERFAUS-FISS-LADIS

### **Snowcat Ride**

Those of you who have always been fascinated by the way snowcats dance across the slopes in what is both a powerful, yet elegant manner can now reserve their front row seat in the nine-tonne piste preparation machine with its 510 hp engine. Maximum of one adult and one child (up to 10 years or 1.30 metres).

Meeting point Serfaus: 4.15pm at the Panoramic Restaurant, Komperdell mid station. Meeting point Fiss: 4.45pm at the snowcat meeting point by the Schönjochbahn. Registration at the cable car ticket offices required.

Further information about activities and events in our leaflet "Highlights. 2019/20."! Available at all Info Offices in Serfaus-Fiss-Ladis.





# Important telephone numbers:

**Serfaus Info Office** 

Tel. +43/5476/6239-11

**Fiss Info Office** 

Tel. +43/5476/6239-12

**Ladis Info Office** 

Tel. +43/5476/6239-13

Seilbahn Komperdell Serfaus

Tel. +43/5476/6203

**Bergbahnen Fiss-Ladis** 

Tel. +43/5476/6396

**Ski School Serfaus** 

Tel. +43/5476/6268

Ski School Fiss-Ladis

Tel. +43/5476/6757

**SFL Taxi** 

Tel. +43/5472/20720

**Engelbert's Taxi** 

Tel. +43/664/3569380

Taxi Adlerhorst (Madatschen)

Tel. +43/664/9496977

# Opening Times Info Offices in Serfaus-Fiss-Ladis

MO - FR: 8am - 5.30pm

SA: 8am - 12noon & 1pm - 5pm SU: 10am - 12noon (Ladis closed)

## Opening Times of the Cable Car Ticket Offices

**Serfaus** 

Komperdell bottom station: daily from 8am - 4.45pm (SA: 8am - 6pm)

for evening events (WE): until 9.30pm

Bottom station: daily from 8am - 4.30pm (SA: 8am - 6pm)

for evening events: until 8.45pm

Waldbahn: MO - TH: 8am - 4.30pm | FR - SU: 8am - 5pm

Ladis

Bottom station: daily from 8am - 4.30pm

### Opening Times of the General Practitioners

Serfaus

**MED SERFAUS** MO - FR: 8.30am - 11.30am & 3.30pm - 5.30pm

Dr. Adolf Köhle SA, SU and bank holiday: 10am - 5pm

Tel. +43/5476/53000 In case of emergencies, also outside the opening times.

**Fiss** 

**FISSMED** MO - FR: 9.30am - 2.30pm. urgent doctor's visits: MO - FR:

Dr. Klaudia Stengg 8am - 5pm. SA, SU and bank holiday: 10am - 5pm. Tel. +43/5476/6090 In case of emergencies, also outside the opening times.

Dr. Christoph Stengg MO - FR: 9.30am - 2.30pm. urgent doctor's visits: MO - FR:

Tel. +43/5476/20144 8am - 5pm. SA, SU and bank holiday: 10am - 5pm.

In case of emergencies, also outside the opening times.

Dr. Robert Stefan MO, THU & FR: 8.30 - 11.30am. TU: 8.30am - 12noon.

Tel. +43/5476/60660 MO, WE & TH: 3.30pm - 6pm.

In case of emergencies, also outside the opening times.

Subject to changes!

# WE ARE FAMILY.®

JOIN THE SFL FAMILY









